



it's for all of us

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KILKENNY Rose Sinéad De Butléir and Miss Kilkenny Derbhilia Coogan donned the boxing gloves to show dieters how to fight the flab.

Sinéad (21) from Bennettsbridge and Derbhilia (22) from Castlecomer were pictured at the launch of the 'Shedding Pounds to Raise Euros Body Light Weight Loss Challenge for the Susie Long Hospice Fund'.

Green Party National Spokesperson on Environment Malcolm Noonan showed he was a good sport by wearing a fat-suit while tucking into cream cakes on St Kieran's Street in Kilkenny today (WED).

Keeping a close eye on the trio was BodyLight expert Thomas Brennan who decided to run the weight loss challenge in aid of the hospice after he lost his own dad to cancer.

"My own father, Edward, died from cancer in January 2000. This year also marks the fifth anniversary of when Susie Long sent her powerful letter to Joe Duffy and I'm a firm believer in people power. We want to keep Susie's memory alive – and to raise funds for a hospice for the people of Carlow and Kilkenny, and we'll lose some weight along the way and get fit," he said.

With thanks to Deirdre Esmonde Walsh from Haircourt and Sonic Entertainments for styling and props.

The Susie Long Hospice Fund (SLHF) was set up in October 2007 to provide the highest possible quality of end-of-life care for patients and their families through the establishment of a 12-bed hospice in Kilkenny, for the people of Kilkenny and Carlow. The Fund is meeting this challenge through fundraising, increasing awareness of the need and benefits of local hospice care and by lobbying Government for support.

Donations can be made directly to the fund at AIB, High St, Kilkenny, Account No: 3462705, Sort code: 93-31-98. The Susie Long Hospice Fund is a registered charity, number CHY17950. Further details from www.susielonghospice.com