'Make Room for the Turkey Fun Run' in aid of Susie Long Hospice Fund

The 'Make Room for the Turkey Fun Run' in aid of the Susie Long Hospice Fund will take place on Sunday 14th December on the Ring Road on the outskirts of Kilkenny. Starting at 12 noon from the Carlow/Dublin Road roundabout, the 6-mile route will take participants as far as the Castlecomer Road roundabout and back. There is no set entry fee, but all participants are asked to make a donation, large or small, to the Susie Long Hospice Fund collectors on the day. Anyone who wishes to seek sponsorship should contact Tommy Roche, Fundraising Co-ordinator of the Susie Long Hospice Fund, for a sponsorship card, tel (087) 2070737 or see www.susielonghospice.com

Following the great success of last year's event, the organisers are expecting an even bigger turnout this year and are calling on everyone in the community, regardless of their fitness level, to take part. You can walk, jog, run or sprint and you can wear running gear, winter woollies or even a Christmas costume! The main thing is to take part and feel the festive fun, while raising funds for a great cause. The run will be officially started by Cllr Pat Crotty, Mayor of Kilkenny, and Cllr Tomas Breathnach, Cathaoirleach, Kilkenny County Council. Sincere thanks to An Garda Síochána who have kindly agreed to allow the Fun Run to take place on the ring road.

Announcing the Fun Run this week, Cllr Sean Ó hArgáin, one of the main organisers said "Last year's run was great fun so let's make it even better this year. It's great for those who are into running, as there are very few opportunities to run at this time of the year. For non-runners, it's just a great chance to get out there, have some fun, get some fresh air and for everyone to raise funds for the Susie Long Hospice Fund, which is the most important aspect of all".

Other upcoming events in aid of Susie Long Hospice Fund

Keltic Kats CD "Christmas Time in Ireland", featuring the "Susie Long Christmas Song" - CD launch in Kytelers Inn, 4^{th} December at $8.30 \, \text{pm}$

Carol Singing at the Town Hall, featuring the St Francis Abbey Brewery Choir & Friends — Tholsel, 6th December, 3pm-5pm.

Golf Classic, organised by Michael Dowling of M&A Coaches – Castlecomer Golf Club, 6th & 7th December. Teams of 4 cost EUR80.00 or you can also sponsor a tee-box for EUR50.00.

Don't forget! The Susie Long Hospice Fund Christmas Cards and CDs, entitled "Songs for Susie" are on sale throughout Kilkenny. A full list of outlets is available on www.susielonghospice.com

Some of the outlets selling Christmas cards include:
The Book Centre, High St
Porter's Newsagents, High St
Khan's Books, James St
Rollercoaster Music, Kieran St
Gardenia, John St
Loughboy Shopping Centre
Newpark Shopping Centre
Ryan's Pub, Friary St
O'Riada's Pub, Parliament St

The Susie Long Hospice Fund wishes to thank most sincerely the community of Kilkenny City and County, who are continuing to show fantastic support by getting involved and organising events to raise funds to build a hospice for Kilkenny and Carlow.

The Susie Long Hospice Fund (SLHF) was set up in October 2007 to provide the highest possible quality of end-of-life care for patients and their families through the establishment of a 10-bed hospice in Kilkenny. The Fund plans to meet this challenge through fundraising, increasing awareness of the need and benefits of local hospice care and by lobbying Government for support. Donations can be made directly to the fund at AIB, High St, Kilkenny, Account no: 3462705, Sort code: 93-31-98 The Susie Long Hospice Fund is a registered charity, number CHY17950.

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